



AN PÚCÁN

Day Menu

Allergens:

1b Gluten-Barley, 1-oats Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg, 4 Fish,
5 Peanut, 6 Soybean, 7 Dairy, 8a Nuts-Almonds, 8c Nuts-Cashew, 8p Nuts-Peanuts, 8pn Nuts-Pine nuts,
8w Walnuts, 9 Celery, 10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs.

BREAKFAST (SERVED UNTIL 4PM)

An Púcán full Irish Breakfast11.25
craft butcher sausages, bacon, black & white pudding,
beans, scrambled eggs, potato wedges and toast
1w,3,6,7,9,10,12

An Púcán Mini Breakfast..... 8.95
same as above but a mini version 1w,3,6,7,9,10,12

Vegetarian Breakfast..... 9.95
vegetarian sausage, grilled tomato, mushroom, falafel,
beans, scrambled eggs, potato wedges and toast 1w,3,6,7,12

Mini Vegetarian..... 7.95
all the greatness of the full but just not as much
1w,3,6,7

French Toast
with maple syrup.....6.00
with bacon & grilled tomato.....8.50
1w,3,6,7

Scrambled Eggs
with toast 1w,3,6,7.....5.50
with bacon & toast 1w,3,6,7.....7.95
with smoked salmon & toast 1w,3,4,6,7.....9.95

SOUP

Soup of the day.....5.75
homemade soup, our signature brown bread 1-oats, 1w,7,9

Galway Bay Seafood Chowder.....7.50
creamy seafood soup using fresh local fish, our
signature brown bread 1-oats,1w,4,7,9,14

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SALADS

An Púcán Power House Salad.....12.00
mixed leaves, olives, cucumber, avocado, artichoke, feta
cheese, chickpeas, tomato, hemp seeds & carrot, olive
oil dressing 7,10

Warm Goats' Cheese Salad.....12.00
Ballymaloe relish, mixed leaves 1w,3,7,10

Warm Tiger Prawn Salad.....14.50
chorizo, baby potatoes, mixed leaves 2,6,7,10,12
**Add some Add some strips of prime Irish beef - turf to
your surf.....5.50**

Chicken Caesar Salad.....14.50
mixed leaves, smoked bacon, parmigiano, cherry tomatoes,
garlic croutons, homemade caesar dressing 1w,3,7,10

Tuna & Roast Pepper Salad.....12.00
feta cheese, mixed leaves 4,7,10

Large Falafel Mezze Salad.....12.00
mixed leaves, smoked paprika & roast pepper hummus,
celery sticks, minted tzatziki, feta cheese and beetroot
couscous 1w,3,7,9,10

Warm Kimchi Spiced Beef Salad.....14.95
strips of beef rump, cashew nuts, green beans, spiced
roast peppers and tossed leaves 2,7,8c,10
Add some garlic tiger prawns - surf to your turf...5.50

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SANDWICHES

Toasted Special 1w,6,7 4.95
ham, cheese, tomato, onion
(add soup sampler 3.00, add chowder sampler 4.00)

GOURMET SANDWICHES

Open Seafood Sandwiches 1-oats,1w,2,3,4,6,7,10
served on our homemade soda bread, tossed salad
smoked salmon 9.95
prawn..... 9.50
peppered smoked mackerel..... 8.50
crab..... 10.25

Galway Bay Fish Finger Blaa 13.50
fresh white fish fingers, lettuce, tomato, citrus
mayo dressing, homemade red slaw, sweet potato fries
1w,3,4,6,7,11

**An Púcán Jameson Black Barrel
BBQ Beef Brisket**..... 14.75
slow cooked beef brisket, warm blaa, mixed leaves,
pickled onions, BBQ sauce, garlic mayo, homemade red
slaw with cajun fries 1w,3,6,7,10

Warm Cajun Chicken Blaa..... 13.50
butterflied chicken, cajun mayo, smoked applewood cheese
and rocket with chips, homemade red slaw
1w,3,6,7,8p

Ciabattas..... 13.50
with chips, tossed salad

"The Cuban" beef pastrami, jalapeño, gherkins, roasted
peppers, smoked cheese, spiced mayo 1w,1r,3,7,10

Classic tuna and cheddar cheese melt 1w,1r,3,4,7,10

Galway goat farm cheese basil pesto, roasted peppers,
caesar mayo 1w,1r,3,7,10

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MAINS

- An Púacán Seafood Plate25.95**
Galway Bay smoked salmon, pacific oysters, peppered
smoked mackerel, atlantic prawns, west coast crab meat,
tossed leaves, homemade red slaw, potato salad, our
signature brown bread
1-oats,1w,2,3,4,7,10,14
- Hot Garlic Crab Claws.....17.95**
west coast crab claws cooked in garlic butter. salad,
chips,our signature brown bread for mopping
1-oats,1w,2,7,10
- Galway Hooker Beer Battered Lemon Sole.....16.95**
homemade tartare sauce, salad, chips
1b,1w,3,4,6,7,10
- "Proper" Prawn Scampi.....17.95**
tossed salad, Marie rose sauce, chips
1w,2,3,6,7,10
- An Púacán's Bangers & Mash.....14.00**
Guinness & sweet onion gravy
1b, 7,9,10,12
- Tiger Prawns & Mussels Pasta.....14.50**
penne pasta, mushrooms, parmigiano, tomato sauce, garlic
ciabatta bread 1r,1w,2,3,7,12,14
- An Púacán 8oz Beef Burger.....14.50**
brioche bap,tomato relish, cheddar cheese, mixed leaves,
chips 1w,1r,3,6,7,9,10,12,13
- The Sheriff 8oz Beef Burger.....15.95**
toasted brioche bap, Cashel blue cheese mayo,
spicy chorizo, mixed leaves and sweet potato fries
1w,1r,3,6,7,9,10,12,13
- The Jalapeño 8oz Beef Burger.....15.95**
Streaky bacon, jalapeño mayo, gherkin, cheddar cheese,
brioche bun, "fiery" chips
1w,1r,3,6,7,9,10,12,13

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Cajun chicken Penne Pasta.....	14.50
baby spinach & roasted peppers, red pesto, crème fraiche & parmigiano, garlic ciabatta bread 1w,1r,3,6,7,8c,8pn (add chorizo for 2.50)	
Traditional Irish Stew.....	14.95
Galway lamb, vegetables, potatoes 9	
Traditional Irish Bacon & Cabbage.....	14.50
mashed potatoes, parsley sauce 1w,7	
Steak Sandwich.....	15.95
prime Irish beef, ciabatta bread, sautéed onions, mushrooms, tossed salad, chips 1w,1r,6,7,10	
10oz Prime Irish Sirloin Steak.....	25.00
Tossed salad, onion rings, mushrooms, pepper sauce, chips 1w,3,6,7,10 Add some garlic tiger prawns 2 - surf to your turf5.50	
Pan Fried Breast of Chicken.....	14.50
mash, vegetables, mushroom & tarragon sauce 7	
Thai red spiced, chicken & coconut curry.....	14.50
rice, poppadom 1w,2,7	
Pan Fried Prawns & Chorizo.....	17.75
tossed in garlic butter, garlic ciabatta, salad 1w,1r,2,7,10	
An Púcán veggie burger.....	14.00
brioche bun, smoked cheese & red pepper hummus tossed salad, chips 1r,1w,3,6,7,9,10,12,13	
Baked stuffed Aubergine.....	14.00
feta cheese, apricot, cashew & basil pesto, tossed salad, sautéed potatoes 6,7,8c	

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SIDES

An Púcán		Chips 6.....	3.95
Brown Bread 1-oats,1w,7 ...	1.75	Garlic Ciabatta Bread..	3.95
Sweet Potato Fries 6...	5.25	w/Cheese 1r,1w,7.....	4.75
Cajun Fries 6,9,10	3.95	Tossed Salad 10	3.95
Fiery fries 3,6	3.95	Onion Rings 1w,3,6,7.....	3.95
Rosemary & Garlic Baby		Rice.....	3.95
Potatoes 6,7	4.25	Couscous 1w.....	3.95
Spicy Wedges 1w,6	4.25	Homemade Red Slaw 3....	3.95
Mashed Potatoes 7.....	3.95	Vegetables	3.95

OYSTERS & MUSSELS

from the famous oyster beds of Kelly's of Kilcolgan
1b,1-oats,1w,3,7,12,14

Pacific oysters Natural

1 Dz.....	24.00
1/2 Dz.....	13.00
1/4 Dz.....	8.00

Pacific oysters grilled/fried

1 Dz.....	26.00
1/2 Dz.....	14.00
1/4 Dz.....	8.50

STEAMED WILD MUSSELS & CHIPS.....15.95

steamed wild mussels, chips, our signature brown bread
for mopping 1-oats,1w,3,4,6,7,12

Meunière steamed with white wine, garlic butter & bay
leaf

A la crème steamed with white wine, garlic butter & bay
leaf, cream

Provençale steamed with red wine, garlic, tomato, herbs

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BITS TO SHARE

AN PÚCÁN Seafood Plate.....25.95

Galway Bay smoked salmon, Pacific oysters, peppered smoked mackerel, Atlantic prawns, west coast crab meat and potato salad, our signature brown bread
1-oats,1w,2,3,4,7,10,14

Trad Wedges.....10.00

spicy wedges, smoked bacon, garlic mayo, melted cheddar cheese 1w,3,6,7

BITS TO DIP.....14.00

chicken goujons, cocktail sausages, veggie samosas, onion rings, chips, sweet chilli sauce and garlic mayo
1b,1w,3,6,7,9,10,12

An PúCán Chicken Wings

Choose: fiery hot sauce or Jameson Black Barrel BBQ sauce 1w,3,6,7,9,10

With Cashel blue cheese Dip

Large.....14.95

Small.....9.95

Veggie Pulled Oats Loaded Nachos

.....small 9.95 Lrg 14.00

spicy Nacho's, pulled oats, chilli, mixed beans, sour cream, guacamole, salsa, cheddar cheese 3,6,7

Large Loaded Spicy Nachos.....small 9.95 Lrg 14.00

loaded spicy nachos, chilli beef, sour cream, guacamole, salsa, cheddar cheese 3,6,7

Irish Whiskey & Food Tasting Platter.....24.00

Tullamore Dew 12, Teelings Single Malt and Jameson Black Barrel paired with Galway Bay smoked salmon on our signature brown bread, a selection of Irish cheese, chocolate brownie, and a shot of pickle juice 1-oats,1w,3,4,7

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DESSERTS

Ice Cream Selection 1,3,7	6.50
Warm Apple Tart	6.50
Fresh Cream 1w,3,7	
Rich Chocolate Brownie	6.50
Vanilla ice cream 1w,3,7	
An Púcán "Eat 'N'Mess"	6.50
crushed meringue, blueberry, fresh cream, sweet orange mascarpone, biscuit crumb 3,7,8a	
Peach & Vanilla Knickerbockerglory	6.50
vanilla ice cream, peaches, raspberry coulis, caramel, fresh cream, almond brittle 3,7,8a	
Jameson Black Barrel	11.00
after dinner cocktail Jameson black barrel ice cream float 3,7	
Vegan chocolate, tofu and nut delice	6.50
raspberry & mango ripple ice cream 1-oats,8a,8a, 8c,8p,8w	
Vanilla vegan ice cream available (please ask your server)	

KIDS MENU

Chicken Goujons & Chips 1w,3,6	5.25
Mini Burger & Chips 1w,1r,3,6,7,9,12,13	5.25
Sausages & Chips 1w,3,6,7,9,10,12	5.25
Plain Pasta 1w,3,7	4.25
Pasta with Chicken 1w,3,7	5.25
Lemon Sole & Chips 1w,1b,3,4,6	7.95

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