

# An Púcán

## Day Menu

### BREAKFAST (SERVED UNTIL 4PM)

**An Púcán Full Irish Breakfast** .....12.95  
craft butcher sausages, bacon, black & white pudding, beans,  
scrambled eggs, potato wedges and toast 1w,3,6,7,9,10,12

**An Púcán Mini Breakfast** ..... 10.25  
same as above but a mini version 1w,3,6,7,9,10,12

**Vegetarian Breakfast** ..... 11.25  
vegetarian sausage, grilled tomato, mushroom, falafel, beans,  
scrambled eggs, potato wedges and toast 1w,3,6,7,12

**Mini Vegetarian** .....9.25  
all the greatness of the full but just not as much 1w,3,6,7

**French Toast**  
with maple syrup .....8.00  
with bacon & grilled tomato .....9.75  
1w,3,6,7

**Scrambled Eggs**  
with toast 1w,3,6,7 .....6.25  
with bacon & toast 1w,3,6,7 .....9.25  
with smoked salmon & toast 1w,3,4,6,7 ..... 11.25

#### Allergens:

1b Gluten-Barley, 1-oats Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg, 4 Fish,  
5 Peanut, 6 Soybean, 7 Dairy, 8a Nuts-Almonds, 8c Nuts-Cashew, 8p Nuts-Peanuts, 8pn Nuts-Pine nuts,  
8w Walnuts, 9 Celery,10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs.

## SOUP

**Soup of the day** ..... 6.50  
homemade soup, our signature brown bread 1-oats, 1w,7,9

**Galway Bay Seafood Chowder** ..... 8.75  
creamy seafood soup using fresh local fish, our signature brown bread  
1-oats,1w,4,7,9,14

## SALADS

**An Púcán Power House Salad** ..... 13.50  
mixed leaves, olives, cucumber, avocado, artichoke, feta cheese, chickpeas,  
tomato, hemp seeds & carrot, red onion, red pepper, honey and mustard  
dressing 7,10

**Warm Goats' Cheese Salad** ..... 13.50  
Ballymaloe relish, mixed leaves 1w,3,7,10

**Chicken Caesar Salad** ..... 15.75  
mixed leaves, smoked bacon, parmigiano, cherry tomatoes,  
garlic croutons, homemade caesar dressing 1w,3,7,10

*For each order of a Caesar salad, €1 will be donated  
to our Group chosen charity.*



**Tuna & Roast Pepper Salad** ..... 13.50  
feta cheese, mixed leaves 4,7,10

**Large Falafel Mezze Salad** ..... 13.50  
mixed leaves, smoked paprika & roast pepper hummus,  
celery sticks, minted tzatziki, feta cheese and beetroot couscous 1w,3,7,9,10

## SANDWICHES

**Toasted Special** <sup>1w,6,7</sup> ..... **5.75**  
ham, cheese, tomato, onion  
(add soup sampler 3.00, add chowder sampler 4.00)

## GOURMET SANDWICHES

**Open Seafood Sandwiches** <sup>1-oats,1w,2,3,4,6,7,10</sup>  
served on our homemade soda bread, tossed salad

smoked salmon .....	11.25
prawn .....	10.75
peppered smoked mackerel.....	9.75
crab.....	11.75

**Galway Bay Fish Finger Blaa** ..... **15.50**  
fresh white fish fingers, lettuce, tomato, citrus mayo dressing,  
homemade red slaw, sweet potato fries <sup>1w,3,4,6,7,11</sup>

**An Púcán Jameson Black Barrel BBQ Beef Brisket**..... **16.75**  
slow cooked beef brisket, warm blaa, mixed leaves,  
BBQ sauce, garlic mayo, homemade red slaw  
cajun fries <sup>1w,3,6,7,10</sup>                      **Beer Pairing / Galway Hooker Ruby Ale**

**Warm Cajun Chicken Blaa** ..... **15.50**  
butterflied chicken, cajun mayo, smoked applewood cheese  
and rocket with chips, homemade red slaw <sup>1w,3,6,7,8p</sup>

**“The Cuban”** ..... **14.75**  
beef pastrami, jalapeño, gherkins, roasted peppers, smoked cheese, spiced  
mayo on ciabatta with chips, tossed salad <sup>1w,1r,3,7,10</sup>

**Classic tuna and cheddar cheese melt** ..... **14.75**  
on ciabatta with chips, tossed salad <sup>1w,1r,3,4,7,10</sup>

## MAINS

- An Púcán Seafood Plate** .....29.00  
Galway Bay smoked salmon, pacific oysters, peppered smoked mackerel, atlantic prawns, west coast crab meat, tossed leaves, homemade red slaw, potato salad, our signature brown bread 1-oats,1w,2,3,4,7,10,14
- Galway Hooker Beer Battered Fish of the Day**..... 17.95  
homemade tartare sauce, salad, chips  
1b,1w,3,4,6,7,10 **Beer Pairing / Galway Hooker Pale Ale**
- “Proper” Prawn Scampi**..... 19.50  
tossed salad, Marie rose sauce, chips 1w,2,3,6,7,10
- An Púcán’s Bangers & Mash** ..... 15.25  
Guinness & sweet onion gravy 1b, 7,9,10,12
- An Púcán 8oz Beef Burger**..... 16.50  
brioche bap, tomato relish, cheddar cheese, mixed leaves, chips  
1w,1r,3,6,7,9,10,12,13
- The Jalapeño 8oz Beef Burger** ..... 17.95  
Streaky bacon, jalapeño mayo, gherkin, cheddar cheese, brioche bun, “fiery” chips 1w,1r,3,6,7,9,10,12,13
- Cajun Chicken Penne Pasta**..... 16.00  
baby spinach & roasted peppers, red pesto, crème fraîche & parmigiano, garlic ciabatta bread 1w,1r,3,6,7,8c,8pn  
(add chorizo for 2.50)
- Traditional Irish Stew**..... 16.00  
Galway lamb, vegetables, potatoes 9 **Beer Pairing / Galway Hooker Stout**
- Traditional Irish Bacon & Cabbage** ..... 16.50  
mashed potatoes, parsley sauce 1w,7
- Steak Sandwich** ..... 17.75  
prime Irish beef, ciabatta bread, sautéed onions, mushrooms, tossed salad, chips 1w,1r,6,7,10

## MAINS

<b>10oz Prime Irish Sirloin Steak</b> .....	<b>29.00</b>
Tossed salad, onion rings, mushrooms, pepper sauce, chips <sup>1w,3,6,7,10</sup> (Add some garlic tiger prawns 2 - surf to your turf 5.50)	
<b>Pan Fried Breast of Chicken</b> .....	<b>16.50</b>
mash, vegetables, sweet gravy <sup>7</sup>	
<b>Thai Red Spiced, Chicken &amp; Coconut Curry</b> .....	<b>16.50</b>
rice, poppadom <sup>1w,2,7</sup> <b>Beer Pairing / Galway Hooker Pilsner</b>	
<b>An Púcán Veggie Burger</b> .....	<b>15.75</b>
brioche bun, smoked cheese & red pepper hummus tossed salad, chips <sup>1r,1w,3,6,7,9,10,12,13</sup>	

## OYSTERS & MUSSELS

from the famous oyster beds of Kelly's of Kilcolgan <sup>1b,1-oats,1w,3,7,12,14</sup>

### Pacific oysters Natural

1 Dz.....	27.00
1/2 Dz.....	14.50
1/4 Dz.....	9.00

### Pacific oysters grilled

1 Dz.....	29.00
1/2 Dz.....	15.25
1/4 Dz.....	9.50

### STEAMED WILD MUSSELS & CHIPS ..... 17.25

steamed wild mussels, chips, our signature brown bread for mopping

<sup>1-oats,1w,3,4,6,7,12</sup>

Meunière steamed with white wine, garlic butter & bay leaf

A la crème steamed with white wine, garlic butter & bay leaf cream

## SIDES

An Púcán	
Brown Bread 1-oats,1w,7	2.00
Sweet Potato Fries 6	5.95
Cajun Fries 6,9,10	4.50
Fiery fries 3,6	4.50
Spicy Wedges 1w,6	4.50
Mashed Potatoes 7	4.25
Chips 6	4.50
Garlic Ciabatta Bread	4.50
w/Cheese 1r,1w,7	5.50
Tossed Salad 10	4.50
Onion Rings 1w,3,6,7	4.50
Rice	4.50
Homemade Red Slaw 3	2.00
Vegetables	4.25

## BITS TO SHARE

**Trad Wedges**..... 11.50  
spicy wedges, smoked bacon, garlic mayo, melted cheddar cheese 1w,3,6,7

**BITS TO DIP** ..... 16.00  
chicken goujons, cocktail sausages, veggie samosas, onion rings, chips,  
sweet chilli sauce and garlic mayo 1b,1w,3,6,7,9,10,12

**Veggie BITS TO DIP** ..... 16.00  
Onion rings, samosa, veg sausage, falafel, chips with sweet chilli sauce and  
garlic mayo 1w,3,6,7

**An Púcán Chicken Wings** ..... **small 11.25 Lrg 15.95**  
Choose: fiery hot sauce or Jameson Black Barrel BBQ sauce 1w,3,6,7,9,10  
Cashel blue cheese dip

**Veggie Pulled Oats Loaded Nachos** ..... **small 11.25 Lrg 15.95**  
spicy Nacho's, pulled oats, chilli, mixed beans, sour cream, guacamole,  
salsa, cheddar cheese 3,6,7

**Large Loaded Spicy Nachos** ..... **small 11.25 Lrg 15.95**  
loaded spicy nachos, chilli beef, sour cream, guacamole, salsa, cheddar  
cheese 3,6,7

## DESSERTS

<b>Ice Cream Selection</b> 1,3,7 .....	6.50
<b>Warm Apple Tart</b> .....	7.00
Fresh Cream 1w,3,7	
<b>Rich Chocolate Brownie</b> .....	7.00
Vanilla ice cream 1w,3,7	
<b>An Púcán “Eat ‘N’Mess”</b> .....	7.00
crushed meringue, blueberry, fresh cream, sweet orange mascarpone, biscuit crumb 1w,3,7	

## KIDS MENU

<b>Chicken Goujons &amp; Chips</b> 1w,3,6.....	6.00
<b>Mini Burger &amp; Chips</b> 1w,1r,3,6,7,9,12,13 .....	6.00
<b>Sausages &amp; Chips</b> 1w,3,6,7,9,10,12.....	6.00
<b>Plain Pasta</b> 1w,3,7 (cream sauce available) .....	4.50
<b>Pasta with Chicken</b> 1w,3,7 (cream sauce available).....	6.00
<b>Fish &amp; Chips</b> 1w,1b,3,4,6 .....	8.00